

COMPLETE DISCHARGE PLANS

Our Care Follows You Home

Our care doesn't end when you are discharged from our Center. We work with each older adult, his or her family, and physician to develop a comprehensive discharge plan. If needed, we can also act as a liaison between the family, physician, and other care facilities to ensure the patient's needs and goals are met.

HOW TO MAKE A REFERRAL

Ask your Doctor to Refer MVH

When life takes an unexpected turn, turn to MVH Adult Behavioral Medicine Center. Ask your doctor to refer you to MVH or call us directly at (978) 521-8360 or toll free at (888) 609-7799 and we can help facilitate an appropriate referral.

Referrals

(978) 521-8360

Toll Free (888) 609-7799

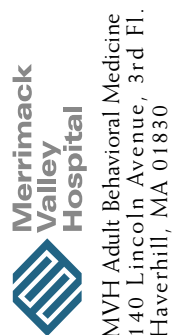
When life takes an unexpected turn, we can help.



A New Day. A New Vision for the Valley.

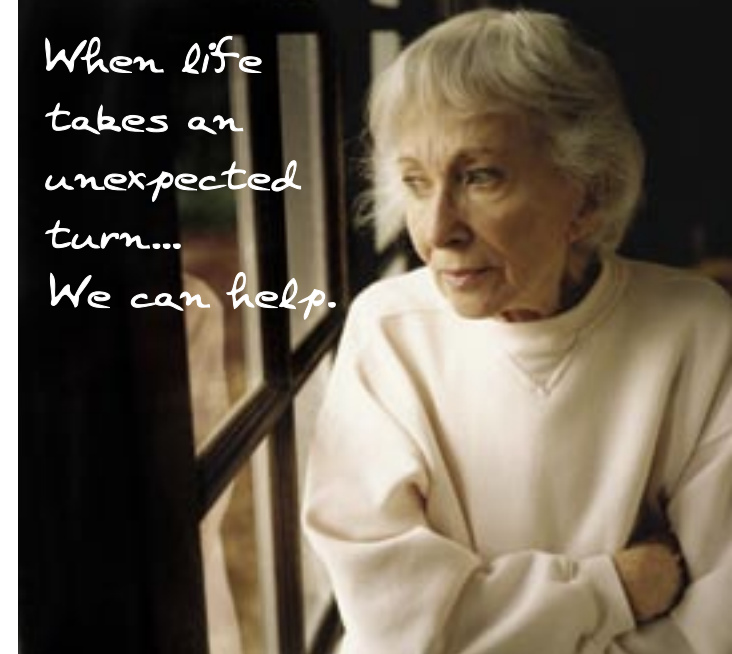
140 Lincoln Ave., 3rd Floor • Haverhill, MA 01830

www.MerrimackValleyHospital.com



ADULT BEHAVIORAL MEDICINE CENTER

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ADULT BEHAVIORAL MEDICINE

Welcome to MVH Adult Behavioral Medicine Center

Major life changes can be overwhelming for older adults. The death of a spouse, retirement, illness, and other losses can trigger depression and mood or anxiety disorders that become serious enough for hospitalization. When life takes an unexpected turn, turn to the MVH Adult Behavioral Medicine Center.

EXPERT PSYCHIATRIC CARE

The Best Care & Personalized Treatment

The MVH Adult Behavioral Medicine Center, in conjunction with New England Geriatrics, offers its patients the best personalized psychiatric care.

MVH Adult Behavioral Medicine Center

In Conjunction with New England Geriatrics

(978) 521-8360

Toll Free (888) 609-7799

PROGRAM GOALS

Crisis Stabilization & Treatment Planning

Our goal at the MVH Adult Behavioral Medicine Center is to help the patient through crisis toward their optimal level of mental health and activities of daily living. We aggressively evaluate medical conditions that may be contributing to depression or cognitive difficulties. We work with each person's current abilities and strengths to stabilize his or her condition, establish new behaviors, and implement a treatment plan that promotes the best recovery.

CARING PROFESSIONALS

Daily Care from a Team of Caring Experts

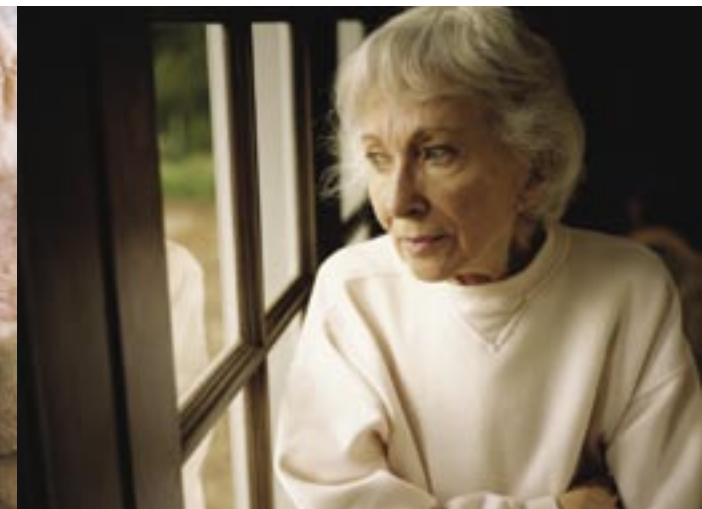
Patients receive daily care from a psychiatrist, nurses, social workers, activity therapists, physical and occupational therapists, and mental health professionals. Consultations are available from neurologists, psychologists, addiction specialists, nutritionists, and other healthcare professionals.

COMPREHENSIVE CARE

Comprehensive Evaluation and Treatment from Trusted Professionals

Our individualized, multidisciplinary evaluations and treatment plans, include:

- Comprehensive evaluation and medical management coordinated by a board-certified physician specializing in geriatric psychiatry
- Pharmacotherapy
- Individual and group therapy to improve coping, concentration and cognition skills
- Family therapy
- Activities therapy
- Occupational therapy and physical therapy
- Patient and family education
- Dementia screening
- Testing and behavioral therapy
- Social work assistance in planning appropriate outpatient treatments



MERRIMACK VALLEY HOSPITAL