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FOR FURTHER INFORMATION:

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## **Sharon Hospital Offers Advanced Technology for Treating BPH Now Offering Greenlight™ Laser Prostate Vaporization Procedure**

**Sharon, CT** – Sharon Hospital announces the availability of a new procedure for enlarged prostate. If you have been diagnosed with Benign Prostatic Hypertrophy (BPH) better known as an enlarged prostate, Sharon Hospital now offers the Greenlight™ Laser Prostate Vaporization Procedure. GreenLight™ Laser Therapy is a minimally invasive procedure performed with a small fiber that is inserted into the urethra through a cystoscope. The fiber delivers high powered laser energy which quickly heats up the prostate tissue, causing the tissue to vaporize. Natural urine flow is rapidly restored and urinary symptoms are quickly relieved in most patients. The result is a wide open channel for urine flow to pass through, but with fewer risks of side effects than traditional surgical procedures. GreenLight™ Laser Therapy can be performed in a hospital outpatient center or surgical center.

This state of the art technology literally vaporizes the enlarged prostate.

Patients experience:

- Rapid urine flow improvement
- Quick return to normal activities
- Long lasting symptom relief
- And less than 1% of patients experience any erectile dysfunction, a common side effect of other prostate procedures.

This virtually bloodless procedure allows patients to go home the same day of surgery.

The short or non-existent catheterization period allows patients to get back to normal activities almost immediately.

Over 200,000 procedures have been performed worldwide. Sharon Hospital's board-certified urologists Dr. Stephen Yu and Dr. Jerome Roth now offer this procedure for patients.

"GreenLight™ Laser Therapy is an advanced treatment for patients with BPH. It is reliable, cutting edge technology that sets new standards" according to Stephen Yu, MD. "Every patient is evaluated based on their individual symptoms, size of prostate, as well as other factors" states Yu.

For more information or to schedule an appointment, please call 860.364.0225.

### **GreenLight™ Laser Therapy Frequently Asked Questions**

#### **Q. What is GreenLight™ Laser Therapy?**

A. GreenLight™ Laser Therapy uses a laser to remove prostate tissue. The laser treatment is delivered through a thin, flexible fiber, which is inserted into the urethra through an instrument called a cystoscope.

#### **Q. How does GreenLight™ Laser Therapy work?**

A. A small fiber is inserted into the urethra through a cystoscope. The fiber carries laser energy which quickly removes prostate tissue. The tissue removal will allow urine to pass through freely. Natural urine flow is rapidly restored and urinary symptoms are quickly relieved in most patients.

#### **Q. Do I have to stay in the hospital after a GreenLight™ procedure?**

A. GreenLight™ is generally an out-patient procedure. Typically, no overnight stay in the hospital is required, but it will depend on your individual condition.

#### **Q. Will I experience discomfort during the procedure?**

A. Your doctor will discuss anesthesia requirements, as well as pain medication to ensure your comfort during and after the procedure.

#### **Q. Will I experience discomfort after the procedure?**

A. Most patients experience mild discomfort such as slight burning during urination for a week or so. This can be managed with mild pain and anti-inflammatory medication.

**Q. What are the risks and complications of GreenLight™ Laser Therapy?**

A. Your medical history and personal health condition will have an impact on your treatment outcomes and risk factors. Your urologist will discuss this and your specific condition with you during your consultation. Risks and complications that may occur after the procedure include slight burning during urination and blood-tinged urine for a week or so. There will be minimal or no catheterization after the procedure. There is also a low rate of urinary tract infection. Some men may temporarily experience more severe symptoms after the treatment which can be managed by your urologist.

**Q. Is BPH a type of cancer?**

A. No, BPH is not a type of cancer

**Q. Will the GreenLight™ Laser Therapy treatment affect my sexual function?**

A. More than 99% of patients treated with GreenLight™ Laser Therapy did NOT experience any form of erectile dysfunction following treatment. If you are sexually active, you can look forward to remaining so.

**Q. How long before my symptoms improve?**

A. Most patients experience very rapid relief of symptoms and improvement in urine flow within 24 hours of the procedure. However, medical history, health conditions, and other factors can influence treatment and recovery.

**Q. Will I continue to need BPH medications after the GreenLight™ Laser Therapy treatment?**

A. As with any medication, ask your doctor what regimen is appropriate for you. However, most patients are able to discontinue taking their BPH medications within a few weeks after the treatment.

**Q. How soon can I return to work?**

A. Most patients can resume normal activities within a couple of days. Strenuous activities can be resumed within two weeks. Your urologist will discuss this and your specific condition with you during your consultation.

**Q. How long do the results last?**

A. Clinical studies report that GreenLight™ Laser Therapy offers rapid and lasting symptom relief for at least five years. *(Based on 5 year follow-up data).*

**Q. Is GreenLight Laser Therapy covered by insurance?**

A. Yes, GreenLight™ Laser Therapy is covered by Medicare and most private insurers.

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