



A New Day. A New Vision for the Valley.

**Contact: Mary O'Neil**  
978- 420-1157  
978-994-0509

*Director of Public Relations and Marketing*

[mary.oneil@merrimackvalleyhospital.com](mailto:mary.oneil@merrimackvalleyhospital.com)

## **Merrimack Valley Hospital and Trinity Ambulance to Host Fall into Health, Fitness, Fashion and Fun Open House**

**August 27, 2010**-Merrimack Valley Hospital and Trinity Ambulance are hosting a community fair and open house on Saturday, October 2<sup>nd</sup> from 11:00am -2:00pm. This year's theme is "Fall into Health, Fitness, Fashion and Fun" and participants will enjoy a free barbeque lunch, fitness demonstrations, music, shopping, children's activities, and lots of festivities and fun for all.

The "Fall into Health, Fitness, Fashion and Fun" will offer tours of the hospital's Wound Care and Hyperbaric Center, Sleep Lab, Physical Therapy Center and other areas. For each area visited, participants will receive a ticket to be entered into a raffle for a chance to win a flat screen television.

In addition to the numerous health and well-being resource tables and interactive activities, fitness demonstrations, shopping and exciting activities for children and adults, the Haverhill Kiwanis Club will be handing out free helmets to children 12 and under while supplies last. A showing of exotic and unique creatures will be presented by *Curious Creatures* from 12:30pm-1:30pm, Henry the Hand will be roaming around "Doing the Handwash" to teach children about the importance of proper hand hygiene.

Interested vendors or anyone needing more information about the event are welcome to call Mary O'Neil at 978-420-1157. There is a small fee of \$50.00 for vendor participation with all proceeds going to "Horizons for Homeless Children." This event is free and open to the public. All are welcome rain or shine on the campus of Merrimack Valley Hospital at 140 Lincoln Avenue in Haverhill.

**About Merrimack Valley Hospital:**

*Merrimack Valley Hospital maintains 107 acute care beds and 17 adult behavioral medicine beds; all are private rooms. The hospital's clinical strengths include a 24-hour emergency department; orthopedic, endoscopic, general, vascular, urologic, GYN, plastic and reconstructive, podiatric, thoracic, ENT and outpatient pediatric surgery; and adult behavioral medicine care with a focus on geriatric issues.*

*Merrimack Valley Hospital offers a comprehensive Pain Management Center, a Wound Care and Hyperbaric Center, and a Sleep Study Lab.*

*MVH also provides a wide range of outpatient services, such as laboratory services; electrocardiography (ECG or EKG); electroencephalograms (EEG); electromyography (EMG); pulmonary function testing (PFT); Imaging Services such as dysphagia testing, bone density testing, full-field digital mammography, ultrasound (general & obstetrical) and echocardiograms, magnetic resonance imaging (MRI), positron emission tomography (PET-Scan), 64-Slice CT scan and x-rays; nuclear medicine services that include SPECT Scans; surgical day care; and physical therapy.*

*An affiliate of Essent Healthcare, Inc., the hospital serves Merrimack Valley and southern New Hampshire. More information can be found at [www.merrimackvalleyhospital.com](http://www.merrimackvalleyhospital.com).*

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