



**FOR IMMEDIATE RELEASE: 2.18.08**

FOR FURTHER INFORMATION:

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## **Sharon Hospital & Noble Horizons Present HealthWise08** **FREE Health Screenings, Private Doctor Consults & More on March 8<sup>th</sup>**

**Sharon, CT** – Over 48 free screenings, medical consultations and interactive health services will be offered at HealthWise, the 6th Annual FREE family community health fair presented by Noble Horizons and Sharon Hospital. HealthWise takes place on Saturday, March 8, from 8:00 am-12:00noon at the Hotchkiss School Main Building in Lakeville, CT.

Heart disease and diabetes screenings include free cholesterol, lipid profile, and glucose checks (please fast prior to test) with professionally interpreted results on site. Dr. Anita Kelsey, a cardiologist from St. Francis Hospital in Hartford, will provide information on heart health, with a special emphasis on women's cardiac health. Local dentist, Dr. Elizabeth Dekker, will perform dental and oral health screenings, podiatrist Dr. Andrew Schwartz will offer foot checks, and Dr. Douglas Finch of Sharon Hospital will meet privately with HealthWise visitors to answer their medical questions. Free bone density tests will screen for bone loss and glaucoma and vision testing will be provided by Drs. Walter Donnelly and Avi Tantri. Mental agility tests, depression screenings, AIDS tests, breathing and blood pressure checks, chiropractic evaluations and body fat analysis will be available as well. New in 2008 are education and warning signs of stroke with Pam Provisor, Stroke Coordinator at Sharon Hospital, healthy relationships with Women's Support Services and information on foster and adoptive families with CT Department of

Children and Families. In addition, speech and language screenings will be performed by Melissa Braislin MS, CCC-SLP, speech and language pathologist at Advanced Therapy at Sharon Hospital and Safe Kids CT will be available to discuss car seat safety.

Complementing the screenings is a host of wellness and life enhancement activities: including fitness, nutritional counseling, reiki, massage, reflexology, sessions with physical rehab professionals and posture evaluation and hands-on bodywork for pain relief and stress management. In addition, CT food stamp eligibility, Medicare Prescription Drug Card Assistance Enrollment, private consultations with a pharmacist and Connecticut's 211 Info Hotline Services will be offered.

Families are welcome and will enjoy the many children's activities available, which include magic, juggling, clown antics, Scrubby the Bear, and so much more!

Spanish interpreters will be available at HealthWise. For more information, or directions, please call 800.666.6855 (en espanol tambien).

The Hotchkiss School is located at the intersection of Routes 112 and 44 in Lakeville, CT.

The following transportation schedules have been implemented with various pick up and drop off locations listed below. To schedule a ride or to request information regarding transportation, please call 860.824.7067 and ask for Lori Neil or Chris Fraser.

**Healthwise Transportation Schedule:**

<b><u>Transporter</u></b>	<b><u>Time</u></b>	<b><u>Town</u></b>	<b><u>Destination</u></b>
<b><u>NWCTD</u></b>	7:00 AM	Kent	IGA
	7:30	Cornwall	Kugeman Village
	7:45	Cornwall	Town Hall
	8:10	Goshen	Post Office
	8:20	Goshen	Shopping Center
	8:45	Lakeville	Hotchkiss School

Sharon Hospital

<u>Geer - Bus 1</u>	7:00 AM	Norfolk	Post Office
	7:05	Norfolk	Meadowbrook
	7:20	Canaan	Stop & Shop
	7:25	Canaan	Station Place
	7:30	Canaan	Wangum Village
	7:45	Falls Village	FV Senior Center
	7:55	Falls Village	High School - HVRHS
	8:10	Lakeville	Hotchkiss School
<u>Geer - Bus 2</u>	7:00 AM	Sharon	Trotta's Shopping Center
	7:30	Amenia	Food Town Shopping Center
	7:50	Millerton	Grand Union
	8:00	Lakeville	Hotchkiss School
<u>Sharon Health Care</u>	7:35 AM	Lakeville	LaBonne's Shopping Center
	7:45	Lakeville	Noble Horizons/ First Parking Lot from Road
	8:00	Lakeville	Hotchkiss School

**Departure Noon or when all passengers are returned to bus.**

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